

Wichita Falls-Wichita County Public Health District

1700 Third St. | Wichita Falls, TX 76301 | 940-761-7800 | www.health.wichitafallstx.gov

PRESS RELEASE October 6, 2020

Influenza Vaccine

Wichita Falls, Texas— With flu season around the corner, the Wichita Falls-Wichita County Public Health District continues to strongly encourage anyone who has not received the flu vaccine this season to get immunized. **The Immunization Department now has the flu vaccine available.**

A flu vaccine is the first and best way to protect yourself, and the people around you from the flu and its potentially serious complications. Along with vaccination, there are other safety measures that can be taken to prevent catching the flu and to protect those around you. These precautions include:

- Washing hands often with soap and water, or using a hand sanitizer if water is not available;
- Covering your sneezes and coughs;
- Keeping hands away from your face;
- Try to avoid close contact with people who are ill with the flu; and
- Preventing the spread of the flu to others by staying home if sick.

If you or your family want the flu vaccine, please see your regular healthcare provider or <u>schedule</u> an appointment at the Health District.

The Health District's Immunization Clinic hours are:

Monday - Thursday 8:00am-11:30am and 1:00pm-4:30pm

Friday 8:00am-1:00pm

Friday 2:00pm-4:30pm (flu appointments only)

For pricing information, please contact the Health District at (940) 761-6841 or visit our website at http://www.wichitafallstx.gov/349/lmmunization-Services.

For more information concerning the flu please visit the CDC's website at cdc.gov/flu, or call the Health District at (940) 761-6841 or 6852 to speak with a nurse.

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